

KNIGHTLINE

July 2021



SACRED HEART JUNIOR/SENIOR HIGH SCHOOL
234 EAST CLOUD • SALINA, KS 67401

From The Principal ...

Welcoming You to The 2021-22 School Year

We hope the first newsletter of the 2021-22 school year finds you and your family enjoying the Summer season. Student registration (August 4) and the start of school (August 18) are right around the corner. Our Office and Maintenance Staffs have been busy working throughout the Summer in preparation for the new school year.

In this first issue, you will find important information on handbook changes, meeting dates and times, updated schedules, a calendar of events, and staff profiles along with a review of recent school improvements and Summer activities. For Sacred Heart's plan for opening the 2021-2022 school year as it relates to COVID, please see page 20. Please take the time to read the entire newsletter. If you have any questions or concerns, please do not hesitate to call (827-4422) or stop by the office.



CALENDAR

- 04 August, Registration
- 11 August, Teachers Begin
- 11 August, Fall Athletics Meeting for Parents and Athletes. JH-6:00, HS-7:00
- 16 August, First Day of Fall Practices
- 17 August, 7th Grade Orientation-7:00
- 18 August, First Day of School
- 18 August, 1:30 Dismissal
- 19 August, 1:30 Dismissal
- 20 August 1:30 Dismissal
- 03 September, No School
- 06 September, Labor Day-No School
- 15 September, Faculty In Service-School Late Start at 8:49 am
- 22 September, Reconciliation Services @ 1:00 pm
- 27 September– 02 October, Homecoming Week
- 29 September, Homecoming BBQ & Pep Rally



KNIGHTLINE, JULY 2021

Summer Maintenance Projects

Each and every summer, we strive to make capital improvements to the campus and this summer was no exception.



Above: One of many of Jeremy's duties is always keeping SHHS grounds in pristine condition. Looking Good Jeremy!!



She's not only the school cook but is a master at trimming bushes and cleaning carpets. Thanks for all you do Melanie!

A Letter From The Director of Community-House

Hello Fellow Knights,

There are two major components needed for a solid Community-House structure; 1.) Mass-gatherings, where students come together for fun, food, and fellowship, and 2.) Consistent face-to-face communication to solve problems and keep everyone on the same page. Now, you know how big of a challenge the last school year was for our leaders!

We don't know what challenges lay ahead in the 2021-22 School Year, but we're ready to meet them! Last year, our student leaders had few opportunities to lead, but when they did they delivered! This upcoming school year we plan to pick-up where we left off before COVID. We plan to give our students a unique Community experience, where they can pray, play, and serve others together!

Parents! You have a Community too! PLEASE JOIN US! On behalf of the **John Paul II**, **Margaret Mary**, and the **Mother Teresa** Communities we want you to know that you are always welcome. We know you're busy, but if you'd like to join us for one of our monthly special events, or join us for daily prayer/activities, we would LOVE to have you! For more information about special monthly events, please contact John Hamilton, Director of Community via email at jhamilton@sacredheartknights.org.

We thank you for your support!

John Hamilton
Director of Community



Enrollment, Registration, and Uniform Info

First Day of School is Wednesday, August 18, 2021. Teachers report for meetings and in service on Tuesday, August 11, with the first day of school scheduled for Wednesday, August 18. We will be on heat schedule (8:00-1:30) for the first three days and then as needed.

Student registration for the 2021-22 school year is from 9 a.m. to 1 p.m. and from 4 p.m. to 6 p.m. on Wednesday, August 4, 2021. Registration will be held in the High School cafeteria.

Please enter through the west doors by the cafeteria. Used uniforms will be available for purchase during registration. If you are unable to make it during these times, please call the school (827-4422) to set up an appointment for a later date. Individual registration packets were mailed the week of July 26th.

Schoolbelles is the uniform provider for Sacred Heart. Parents are welcome to pre-order school uniforms by calling 888-637-3037 or order on-line. Sacred Heart's Web ID Code: is S2839. **Dress Code reminder:** Skirt lengths must cover the knee. Shorts may be worn year around, but must be of appropriate size. No sagging shorts or pants are allowed. All shorts need to have at least a 7" inseam.

ATTENTION 7TH GRADERS AND PARENTS:

Orientation and Barbecue!!!!

All incoming 7th grade students and their families are invited to attend our new student orientation and barbecue at 6:30 p.m., Tuesday, August 17, 2021 in the school cafeteria.

At the orientation, which begins
at 7:00 pm, you will get
an opportunity to:

- * *Meet staff*
- * *Discuss daily procedures and handbook policies*
- * *Get answers to specific questions*
- * *Tour classrooms and labs*
- * *Visit with individual teachers*



Sports Meetings

Junior High Fall Sports Meeting

Junior High students interested in participating in sports need to attend the sports meeting at 6:00 p.m., Thursday, August 12, in the school cafeteria.

A short general meeting will be held before breaking into groups for specific information. This is a mandatory meeting. If you are unable to attend this meeting, please contact Mr. Woodall at 827-4422.

High School Fall Sports Parent-Athlete Meeting

A meeting for all High School students participating in sports and their parents will be held at 7:00p.m. Thursday, August 12, in the High School cafeteria.

General information will be discussed before breaking into groups for specific information with their respective coaches.

This is a mandatory meeting for student athletes and their parent(s) before students can begin practice.

If you are unable to attend this meeting, contact Mr. Woodall at 827-4422.

2021-2022 School Policy Amendments and Reminders

New Cell Phone Policy-Jr.-Sr. High School

Grades 7-8

- Students in grades 7-8 will not be allowed to carry, use, or access their cell phones or other personal electronic devices during school hours (8:00 am – 3:20 pm).
- Cell phones/electronic devices (Smart Watches Included) must be turned OFF and put in the student's locked locker before 1st hour (8:00) and remain off in their locker for the remainder of the school day.
- Students may use their personal cell phones before 8:00 AM and after 3:20 PM.

Grades 9-12

- Students in grades 9-12 will not be allowed to carry or use their cell phones or other personal electronic devices during school hours (8:00 am – 3:20 pm).
- Cell phones/electronic devices (Smart Watches Included) may remain on, but must be put in the student's locker before 1st hour (8:00) and remain in their locker for the remainder of the school day.
- Students in grades 9-12 may CHECK their phones/electronic devices at their lockers during passing periods. However, phones MUST remain in their locker from 8:00 am – 3:20 pm.
- Students may use their personal cell phones before 8:00 AM and after 3:20 PM.

General Provisions that apply to ALL Students

- Students should never lend their cell phones/personal electronic devices to another student. If a student is caught with someone else's cell phone, both students are in violation of this policy.
- The school is not responsible for lost, stolen, or damaged cell phone/electronic devices brought on school property by students or families.
- Parents who need to get in touch with their child during the day are welcome to call the school office, 827-4422 and we will ensure the message is delivered. Likewise, if a student needs to contact parents, they can report to the main office.
- A Smartwatch is considered an electronic device and is **NOT allowed. This policy does NOT include school issued chrome book.**
- *Students with health issues that rely on specific apps to monitor their condition are the only exception to this policy. A Parent or Guardian of the student must disclose the health condition to the school, and provide the school administration with documentation from student's doctor.*
- Violation of these rules and expectations will result in the consequences listed below.

Failure to place cell phone/electronic device in locker from 8:00 AM to 3:20 PM:

1st Offense: Cell phone/electronic device taken by staff member and taken to office; student can pick up device at end of school day

2nd Offense: Detention, and parent/guardian must pick up phone/device

3rd Offense: Detention and conference between administrator, student, and parent/guardian before picking up device. Student is required to check in phone/device in office each morning and pick it up at the end of the school day for the rest of the semester, or a time specified by administration.

2021-2022 School Policy Amendments and Reminders Continued

CREDIT RECOVERY POLICY

Students who fail a required class for graduation will need to either retake the class at Sacred Heart High School or complete a credit recovery through an accredited agency to earn the necessary credit. Students will need to contact the counselor for the correct procedures. Any credit recovery course taken outside Sacred Heart High School must have the prior approval of the high school counselor and Principal to be accepted to meet a graduation requirement. Only two recovery credits in four years are allowed to meet the graduation requirements at Sacred Heart. The original and repeated course grade will appear on the transcript and both figure in the cumulative GPA/percentile grade.

INDEPENDENT STUDY

Independent study can offer students a degree of flexibility and individualization in their class schedule. Because students in independent study work closely with their teachers, either online, in one-on-one meetings or small group instruction, independent study can be a highly personalized form of instruction. Independent study is generally reserved for juniors and seniors only. Students who may consider an independent study include:

- Students who need an individualized approach that allows them to delve more deeply into areas of special interest.
- Students who face particular challenges-such as health issues that make classroom attendance difficult.
- If a student with a strong interest in a course of study that is not offered at Sacred Heart.
- A student who is attending classes at Salina Area Technical College or Kansas State-Salina for a portion of the school day and needs a more flexible schedule.

Independent study is not for all students – especially at the high school level. Independent study requires basic academic skills and a level of commitment, motivation, organizational skills and self-direction not unlike the level required by college students.

****Please note that if a student wishes to receive Sacred Heart credit for an online Independent study course, the course must be from a fully accredited institution and prior to enrollment be approved by the Counselor and Principal.**

CONCUSSIONS AND ACADEMIC ADJUSTMENTS

When the student sees his/her physician and is officially diagnosed with a concussion and/or receives academic adjustments, the physician should date how long the academic adjustments should last. If the student is still having symptoms beyond two weeks, they should be reevaluated by their physician. At that time they can adjust or prolong school adjustments. School adjustments apply only to the dates prescribed by the physician or for two weeks following the injury if not specified.



I will praise the LORD, who counsels me; even at night my heart instructs me. I keep my eyes always on the LORD. With him at my right hand, I will not be shaken Psalm 16: 7-8



2021-2022 School Policy Amendments and Reminders Continued

Attendance Policy

EXCUSED ABSENCE PROCEDURE (Excused absence Rational: Defines specific time parameters for makeup work.)

When a student is absent from school, parents or guardians need to call the school prior to 8:00 a.m. The parent is asked to state who they are and why their student will not be in school. If the school is not informed, a call will be placed to the home to verify the student's absence.

It is the responsibility of each student to make up any and all work missed as the result of an excused absence. The make-up work responsibility begins with the student contacting the teacher to determine the assignments that were missed. For all excused absences not falling under pre-arranged absence designation (see below), students are given the same number of days to complete assignments as days absent plus one extra day. For instance, if a student were absent for two days, students would have three days to complete the assignments. In addition, any work due the day a student returns from an absence should be turned in that day if they were present the day it was assigned. Any exceptions to this policy are made by the class-room teacher.

PERSONAL TRIPS (Personal Trips Rational: Defines specific procedures that need to be followed when missing extended school time for family trips.)

The school's policy in regard to personal trips (student absent 3 or more consecutive school days) scheduled when school is in session rests upon the premise that the chief responsibility for a child's education belongs to the parents. In an effort to assist parents in determining how this trip will affect their son's/daughter's academic work, the following process has been set in place:

1. The parent contacts the Principal to explain the circumstances by coming to the office and requesting a "Extended Absence Sign-Out Sheet"
2. The student then receives the signed "Extended Absence Sign out Sheet" and contacts each teacher for assignments. The assignments may be given, before or after the trip, at the teacher's discretion.
3. The teacher will sign the form and may comment on how the absence will affect the academic status of the student.
4. The student returns the completed form to the Principal prior to the absence. If the student fails to return the form, make-up work may not be allowed.
5. One copy of the completed form is given to the students and one is kept at school.
6. The student is responsible for completing the work assigned. All work is due in the same number of days the student was absent.
7. Personal trip days will be counted as part of the 90% minimum attendance policy and for semester finals.

The earlier the school is notified, the sooner parents will be in possession of the information needed to base their decision regarding the absence. Make-up work may not be allowed if the Principal is not given advance notice of the trip.

2021-2022 School Policy Amendments and Reminders Continued

JUNIOR/SENIOR COLLEGE VISITS

A junior or senior may be excused from school to visit a college or post-secondary school provided the parents contact the school 24 hours in advance of the visit. All college visits need to be scheduled before April 30th.

Senior students will be allotted two (2) approved college visitation days during the course of the school year that will not count as an absence in computing attendance or in granting credit for course work.

Junior students will be granted one (1) college visit day during the second semester that will not count as an absence in computing attendance or in granting credit for course work.

If the above procedure is not followed, the absence is unexcused.

Any expenses associated with college visitation days are the responsibility of the student.

STUDENT TRANSPORTATION TO AND FROM ACTIVITIES

(Policy Rational: Allows for parents to make arrangements for someone else besides themselves to pick up their child from and away school activity.)

All students attending activities out-of-district shall be required to go and return from that activity by transportation authorized and provided by the school. Under normal circumstances, a student may not be released to anyone other than a parent or guardian. Under unique circumstances, a student may be released to a person designated by a parent or guardian. These arrangements must be made with a Principal or Athletic Director in advance of the activity.

An exception may be granted under the following conditions:

A written request from the parent is on file on an administrator's office in advance of the activity; and

There is personal contact/signoff made between the person designated by the parent to pick up their child and the coach/sponsor at the activity.

SMOKING/VAPING/TOBACCO PRODUCTS-Students

Sacred Heart Jr-Sr High School expressly forbids students from smoking, vaping, or using tobacco products, as well as possessing such products (or related paraphernalia), at any time in or on school grounds, buses or other school vehicles, adjacent properties, or school-sponsored trips. Students should also be aware that vaping of mind-altering substances, such as marijuana, violates Sacred Heart Jr-Sr High School's Drug and Alcohol Policy. Discipline for any of these violations will be imposed based on the circumstances existing at the time and may include suspension, probation, or expulsion.

Vaping is a rapidly growing problem in schools. Vaping or having any e-cigarette devices on school grounds or any Sacred Heart event or activity is prohibited. All cigarettes (including electronic), vaping devices, smokeless tobacco, lighters, matches, etc. or other devices similar to cigarettes, lighters, matches, etc. brought on school grounds by students will be confiscated and destroyed. Parents will be notified and the following consequences will also result:

First Offense: 2 service hours & one week suspension from all school activities as a participant and spectator.

Second Offense: 4 service hours & a three week suspension from all school activities as a participant and spectator and spectator. In addition, the student will submit to a Drug/Alcohol counseling session provide by Central Kansas Foundation at the student's expense within 30 days of the violation.

New Faces at SHJSH for 2021-2022



ANNA BONILLA-GORDON

Anna Bonilla Gordon is starting her 20th year of teaching at SHHS after working 19 years for USD 305. She is originally from Salina and attended Sacred Heart Grade School from kindergarten through sixth grade. She graduated from Salina High School Central and later received her bachelor's degree in elementary education with a special education endorsement from KWU in 2001. Mrs. Bonilla Gordon started her teaching career at Sunset Elementary and later moved to the middle school level. She taught at Lakewood for a few years and spent the last 16 years at South Middle School. Anna has taught a variety of subjects including English, reading, math, and science but found her passion working as a literacy coach for the past ten years. Mrs. Bonilla Gordon attended K-State and completed a master's degree in secondary curriculum and instruction with an ESL endorsement in 2005. A year later, Anna and Destin were married and they now have three children. Elias is an eighth grader at Sacred Heart, Isabella is a kindergartener, and Andrew is a third grader attending St. Mary's Grade School. Anna also completed a second master's degree from K-State in educational leadership and was accepted into the doctoral program. Anna is eager to be back in the 'physical' classroom after coaching teachers for ten years. Mrs. Bonilla Gordon will be teaching Junior High English and Career Exploration.



CHRIS CLARK

Chris is taking on the challenge of technology coordinator and head volleyball coach. Mr. Clark is a 1980 alum who is excited about coming back. Early in his teaching career, he taught at St. Mary's Elementary School and coached football, volleyball, basketball and golf at Sacred Heart High School. He transferred to USD 305 where he has taught and coached for last 28 years.

Mr. Clark is proud of being part of the Sacred Heart family. Part of that pride comes from the fact the his mother, most of his siblings and his wife are graduates of Sacred Heart High School. The Clark legacy continues with his own 6 children; 4 of which are Sacred Heart graduates. The last one is currently attending Sacred Heart and will be

graduating in 2024.



CARL HINES

Carl will be teaching World History, Government and 8th Grade History. He will also be coaching Junior High Football, High School Girl's Basketball, and assist with Track and Field.

Mr. Hines received his Bachelor's Degree from Kansas Wesleyan University. He previously taught at Lakewood Middle School for thirteen years. He coached basketball, football and track at Central High School and Lakewood Middle School over those thirteen years. He and his wife, Anny two children. Their oldest son, Treyton is finishing his last year of graduate school at Cleveland Chiropractic. Their youngest, Noah, will be a 7th grader at SHHS this year. Carl's hobbies include traveling, coaching youth sports and spending time with his family.

New Faces at SHJSH for 2021-2022 (Cont'd)



FR. BRIAN

Father Brian McCaffrey begins his first year as Junior High/High School chaplain and senior religion teacher. He was ordained on June 5, 2021 for the Diocese of Salina and is the new parochial vicar of St. Mary Queen of the Universe Parish. Fr. Brian grew up in Manhattan, KS and is a 2010 graduate of Manhattan High School. In 2015 he graduated from the University of Kansas School of Education, where he received a Bachelor of Science degree in Secondary Education. After college, Fr. Brian entered the seminary to prepare for priesthood, receiving the degrees of Bachelor of Philosophical and Theological Studies from Conception Seminary College in 2017, Master of Divinity from Saint Meinrad Seminary and School of Theology in 2021, as well as a Baccalaureate in

Sacred Theology from the Pontifical Atheneum of Saint Anselm in Rome. His hobbies include reading, cooking, and exploring the outdoors.



KIRK O'DONNELL

Mr. Kirk O'Donnell is beginning his first year at SHHS and will be teaching 7th and 8th Grade Science along with Freshman Earth Space Science. Kirk has earned Bachelor's degrees in Milling Science and Bakery Science, a Master's degree in Business Administration, and a Doctorate in Education.

He has taught 8th and 9th grade religious education for over 10 years. Prior to joining SHHS, he has worked as a business manager, consultant, educator, and author. Kirk and his wife Kim have one son and one daughter- Father Peter and Marie, and four

grandchildren.



IN ALL THAT WE DO ... BRING GLORY AND HONOR TO GOD



The Tradition Continues at SHJSH for 2021-2022



JOHN KRAJICEK

Mr. John Krajicek is Head Principal, undertakes his 25th year at SHHS. Mr. Krajicek received his B.S. in Industrial Technology at the University of Nebraska at Kearney where he was a four year letterman and team captain in football. He received his M.S. in Secondary/Administration at Fort Hays State University in 1989. Professionally, Mr. Krajicek has taught and coached at the following schools: Graduate Assistant at the University of Nebraska-Kearney; Bennington High School,-Teacher/Coach; Platteview High School,-Teacher/Coach; Tescott High School-Building Administrator; and Tekamah, NE-Building Administrator. John and his wife Jeanie have five sons, Tyler--a 2006 SHHS graduate, Alex--a 2007 SHHS graduate, Neal--a 2010 SHHS graduate, Ryan--a 2013 SHHS graduate, and Luke--a 2018 SHHS graduate.



BRYCE WOODALL

Mr. Bryce Woodall begins his second year as Athletic Director and JH Social Sciences teacher. Mr. Woodall received his B. S. Degree in Technology Education from Fort Hays State University. He previously was in the private sector as a co- owner of a propane delivery business. After selling the business he stayed on and managed it for a few years for the new company. During this time he realized how important it was to him to become more involved with young adults and their activities again. Mr. Woodall has previously taught in Kansas and Nebraska, along with coaching football, basketball, track, wrestling, and girls softball. Mr. Woodall and his wife Ryann have four children. Ellie--a freshman at SHHS, Audrey--a Junior at SHHS, Natalie, and Brodey. His hobbies include old cars, camping, sports, and spending time with his family



ALTA SMUTZ

Mrs. Alta Smutz begins her second year as Guidance Counselor at SHHS. Mrs. Smutz graduated from Kan- sas Wesleyan University with a Bachelor's degree in Counseling & Criminal Justice. In 2017 she received a Master's Degree in School Counseling from Ft. Hays State University. Mrs. Smutz has worked for a variety of organizations and businesses in Salina, including Central Kansas Foundation, Central High School, St. Francis Ministries as a Permanency Specialist, and Child Advocacy & Parenting Services (CAPS) as a CASASupervisor. She is very excited to begin her new role with SHHS and is open to recommendations and assistance from students, families and staff. Mrs. Smutz and her husband Jay have been married 33 years and have three children: Dr. Kellen Smutz-28, Landon Smutz-25 and Ashland Smutz-22. Even though they are empty-nesters they spend a lot of time with their grandson, Dax. Alta's favorite past-time is gardening and her garden was



APRIL BONILLA

Ms. April Bonilla begins her second year as the Office Manager at SHHS. She was born and raised in Salina and comes from a large but very close extended family. She also spent a little time living in Wichita, Germany, and Colo- rado. She received her BS in Family Studies and Human Services from K-State Salina. Some of her work experience after earning her degree include dental assisting and working with childcare providers to set and reach goals to provide quality childcare. Ms. Bonilla's most recent experience is working with individuals with disabilities. She helped assess their need for assistive technology ranging from something simple, like an adapted spoon, to something as complex as a communication device controlled by the individual's eyes. The positions Ms. Bonilla held required frequent travel so she is very excited to begin a more consistent schedule at home with her children. Her son Jacob is an alumnus of SHHS (2012) and now lives in Maize KS. She has two children attending St. Mary's grade school, Eliana (7th grade) and Fortunato (2st grade). Ms. Bonilla enjoys a good cup of coffee to start her day, reading, repurposing furniture and sewing.

The Tradition Continues at SHJSH for 2021-2022



JESUS HERNANDEZ

Mr. Jesus Hernandez begins his 2nd year as the Spanish Instructor after being retired for two years. Before retiring, he taught at Salina High School South for 18 years. Prior to moving to Salina, he taught in Garden City, Kansas for 21 years. He was born in Lakin, Kansas and reared in Deerfield, Kansas. After graduating from Deerfield High School, he attended Garden City Community College and Kansas State University. At Kansas State University he earned a B.S. and M.S. degrees. While at Kansas State University, he met his wife Debra. They have now been happily married for 44 years. They have three marvelous children, Nicaéla, Jesús and Julia. They also have four very enjoyable grandchildren, Aliya, Zaden, Dominic and Alejandro. His favorite past times are gardening, exercising, playing chess and following sports, especial those involving Kansas State University. He looks forward to being part of the Sacred Heart teaching staff.



RYAN KRAJICEK

Mr. Ryan Krajicek, a 2013 Sacred Heart alum, will be entering his second year as the PE Instructor, Head of Strength & Conditioning & the Offensive Coordinator for SHHS Football. He will also coach Powerlifting. After graduating from SHHS, Coach Krajicek attended Kansas State where he majored in Physical Science & Gerontology and played Rugby for the Wildcats. After graduating with honors, he spent a year at the LMU College of Medicine before beginning his teaching & coaching career. Coach K is finishing his M.S. in Education via FHSU and will receive his Certified Strength and Conditioning Specialist distinction through the NSCA.



CLARE STRAMEL

Mrs. Clare Stramel begins her second year teaching 7th-9th grade Religion. Mrs. Stramel graduated from Benedictine College in 2018 receiving her BA degrees in Marketing and Business Management. Clare graduated from Sacred Heart in 2014 and is thrilled to be back in Salina and working at her Alma Mater. Before teaching, Clare worked for two years as the Tourism Information Manager at the Salina Area Chamber of Commerce. Clare and her husband, Scott, got married in December of 2018, and have a son, Joseph and are expecting their 2nd child in October this year. Their hobbies include kayaking, camping at the lake, gardening and spending time with family.



FR. FRED GATSCHET

Fr. Fred Gatschet begins his second year teaching Sophomore Religion. Fr. Fred has a BA & BS from Kansas State University along with a Master of Divinity and a Master of Arts from St. Meinrad Seminary. He is thesecond oldest of 10 children. Fr. Fred was ordained in 1993 and has served in various roles throughout the Diocese of Salina. He has authored numerous workbooks and textbooks on religion. Fr. Fred is a certifiedSpanish translator for the Kansas Department of Revenue. He is also a regular contributor to the “Double Edge Sword” show on Divine Mercy Catholic Radio. His hobbies include amateur astronomy, boating and taking care of his two Siberian Huskies--Joaquin and Cappy.

The Tradition Continues at SHJSH for 2021-2022



TERI BONILLA SCHMIDT

Mrs. Teri Bonilla Schmidt begins her second year teaching 7th grade PE, 9th grade PE/Health, Food and Nutrition, and Jr. High FACS. Mrs. Schmidt attended KSU and received her BS in Education Physical Education K-12 and Health from Washburn University. During her junior year in college, she followed her sense of adventure and studied in Seville, Spain. After graduating she accepted a full time teaching position at JC Harmon High in Kansas City, KS. At Harmon she taught high school PE, Health, & Careers and coached Cross Country and long distance track. Four years ago their family moved back to Salina to be closer to family. She has enjoyed using her time and talents raising their five children and being involved in the community. All of her children attend St. Mary's and Sacred Heart. In her spare time, she loves to coach her daughters in softball, exploring new foods and recipes, and looks forward to her experiences adding interest to the classroom .



JOHN HAMILTON

Mr. John Hamilton begins his tenth year at Sacred Heart. Mr Hamilton serves as Assistant Principal and also teaches American History. Mr. Hamilton is also Director of Community/ House. John received his MS degree from Fort Hays State University in 2015. He graduated from Northwest Missouri State University with a BS degree in Geography. He received his teaching endorsement from Avila University in Kansas City, MO. John previously taught at McPherson High School and student taught at Shawnee Mission West High School. John and his wife Lindsay (Hadorn--2001 graduate from SHHS) have three daughters-- Mia, Reese and Evelyn. His hobbies include writing, hiking, fishing, and reading.



SONDRA PALEN

Mrs. Sondra Palen, Advanced Math, Calculus, Algebra II, College Algebra, Algebra I-B and Senior Class sponsor will be calculating for her 26th year at Sacred Heart. She is also the Community Dean of Margaret Mary. Mrs. Palen got her B.A. in Mathematics Education at Bethany College in 1990 after attending Marymount College from 1986-1989. She achieved Honor Roll status for all semesters while lettering on the collegiate volleyball team. Sondra's professional experience includes teaching and coaching at Smith Center High School ('93-'95) and Eastern Heights High School ('90-'93). Sondra and her husband, Brad, have four children: Nicole--2011 graduate of SHHS; Austin--2014 graduate of SHHS; Blake--2018 graduate of SHHS; and Amber--2020 graduate of SHHS.



JESSICA ZIEGLER

Mrs. Jessica Ziegler will begin her ninth year teaching Geometry, Algebra and Intermediate Algebra at SHHS. She is a Junior class sponsor. Mrs. Ziegler is a Salina native; she and her husband Michael both graduated from Sacred Heart in 2008. Mrs. Ziegler graduated Summa Cum Laude from Bethany College with a BA in Mathematics Education. Some of her interests include spending time at the lake, reading, and teaching her puppy new tricks. In addition, Jessica and her husband, Michael, have two daughters--Laney and Joanie.

The Tradition Continues at SHJSH for 2021-2022



BRIAN GORMLEY

Mr. Brian Gormley begins his 26th year at SHHS and will teach Jr/Sr. English, College Exploratory Writing and College Literature. In addition, Mr. Gormley coaches HS Boys Head Basketball coach and is Junior Class Sponsor, and Dean of Mother Teresa Community. He also serves as Chairman of the Advanced Ed School Accreditation team. Mr. Gormley got his B.A. in English at Kansas Wesleyan University in 1995 where he was a member of the Coyote Basketball Team for four years, earning KCAC All-Academic team honors for three consecutive years. Brian and his wife,

Sherry, have six sons: Damon--2012 graduate of SHHS, Andrew--2015 graduate of SHHS, Tyler--2017 graduate of SHHS, Jackson--2019 graduate of SHHS, Jacob--a 2021 graduate at SHHS, Liam and two daughters, Grace--a Junior at SHHS and Olivia.



CHRIS FEIL

Mr. Chris Feil enters his fourth year at SHHS teaching Computer Apps, Desktop Publishing, Junior High Keyboarding along with being the Asst. Baseball Coach and JH Football Coach. Chris taught for five years previously as a Special Education teacher and spent the last two years as a Realtor for Coldwell Banker Antrim-Piper Wenger. He previously taught for USD 305 and Southern Cloud Schools. Chris received his B.S. in Web Design from Fort Hays State University in 2005 and his B.S. in Elementary Education in 2010. He recently received his MS in Business Education from Emporia State University in 2017. As well as teaching, Chris has coached baseball

at Salina South and Junior High football and track. Chris and his wife, Amanda, have three children – Wyatt, Bella, and Jamie. Some of his hobbies include golfing and watching the Kansas City Royals, Pittsburgh Steelers, and Kansas Jayhawks.



OLGA SILVERMAN

Mrs. Olga Silverman begins her fifth year teaching English Language Arts Grades 9 and 10, Debate/ Forensics, Speech and College Speech. In addition, she coaches the SHHS Debate and Forensics teams. Mrs. Silverman holds an MA degree in Industrial Engineering from the University of Latvia, a BA degree in English Secondary Education from Kansas Wesleyan University, and an MSE degree from the University of Kansas. Previously, she taught at Brown Mackie College, Solomon High School, and student-taught at SHHS. In 2015, Mrs. Silverman received a Horizon Teaching Award as an outstanding first-year teacher in Kansas. Mrs. Silverman, her husband David, and their daughter Stephanie--a Junior at SHHS--reside in Salina, where David teaches at Kansas Wesleyan University. She

loves to spend time with her family, travel, read, research, and do artwork. Mrs. Silverman's wall mural decorates the children's ward at Salina Regional Hospital. As a researcher, she has presented six times at the annual Popular Culture Association/American Culture Association national conference, and has co-authored the book chapter "This Is Not the Mary Poppins I Know" in *It's the Disney Version* (edited by D. Brode).



JORDAN SCHWARTZ

Mr. Jordan Schwartz begins his tenth year teaching a variety of Art classes including ceramics, painting and drawing at the high school level along with a JH Art class. Jordan is a native of Salina, Kansas. He graduated from Sacred Heart in 2008. He earned his Bachelor of Arts degree in Education and Drawing from Bethany College in Lindsborg. Jordan has been doing artwork ever since he could pick up a crayon and is happy to report that his art has gotten better over the years. In addition to artwork, Jordan enjoys reading, writing and one day hopes to publish the book he is currently working on. Jordan is the son of Paul and Sherry Schwartz. Jordan's wife, Katie, works at Saint Francis.

The Tradition Continues at SHJSH for 2021-2022



MICHAEL BEESON

Mr. Michael Beeson is in his fifth year at Sacred Heart and currently teaches 7th and 8th Grade Math, Algebra 1B, and Principles of Algebra and Geometry. He is also sponsor of JH Math Counts and 8th Grade sponsor. Mr. Beeson first received an A.A.S. degree from North Central Kansas Technical College in Electronic Technology in 2000 and then graduated from FHSU with a B.S. degree in Elementary Education in 2005. In 2013, he received an endorsement to teach Middle School Math, and in 2019 earned KS certification to teach 6-12th grade math. Before he was a teacher, he worked as a control engineer for Kasa Industrial Controls here in Salina for 2 years, spending much of his time programming graphic terminals for automatic conveyor systems. He taught 3 years at St. Joseph School in Ellinwood, KS and 9 years at St. Mary's Grade School. He and his wife, Sheila, have one daughter, Michelle. His hobbies include playing guitar, reading, mindfulness meditation, and spending time with family.



DAVID GREEN

Mr. David Green will begin his 13th year teaching Chemistry, Biology, Advanced Biology and Physics. He is also Jr. Civitan sponsor and coaches our Scholars Bowl and Science Olympiad teams. Mr. Green, a Salina native, graduated with distinction and honors from the University of Kansas in 2002 with a B.S. degree in Biology/Chemistry and Psychology. He received his Masters degree from Fort Hays State University. Mr. Green has spent time as an English teacher and Campus Minister in Osijek, Croatia, a para educator for USD 497, a strategic tutor for the University of Kansas, and as a substitute for the inner-city schools of St. Louis, MO. In addition, Mr. Green has served as a mission volunteer in Reynosa, Mexico, and Bangkok, Thailand. His hobbies and interests include camping, backpacking, and pursuing social justice issues on behalf of the poor. David and his wife, Tihmoira, have two daughters-- Nalha and Alani, and a son--



DEACON STEVE FRUEH

Deacon Steve Frueh, Deacon begins his third year at Sacred Heart High School where he will be teaching Junior Religion. Deacon Frueh graduated from the University of Central Missouri with a B.S. in Criminal Justice Administration and a Master of Science in Public Services Administration. He served five years as a trooper with the Kansas Highway Patrol followed by 27 years as a special agent with the Bureau of Alcohol, Tobacco, Firearms, and Explosives (ATF) in the U.S. Department of Justice, serving throughout the United States, retiring in 2014. Deacon Frueh received his diaconal formation from St. Meinrad Theological Seminary, St. Meinrad, Indiana, and was ordained June 4, 2016. He and his wife live on a small piece of land west of Salina where they raise two cows and calves.



KATHY SCHMIDTBERGER

Mrs. Kathy Schmidtberger, will begin her 14th year as the Resource Education instructor at SHHS. Mrs. Schmidtberger began teaching at Sacred Heart Elementary school in Ness City, Kansas and has been teaching since 1991. She received her Bachelor's Degree from Fort Hays State University in Nursing and Elementary Education. She also received her Master's Degree from Fort Hays State University. Mrs. Schmidtberger and her husband, Arnold, have three children: Katelyn--a 2009 graduate of SHHS, Dru--a 2013 graduate of SHHS and Rayne--a 2017 graduate of SHHS.

The Tradition Continues at SHJSH for 2021-2022



KEN BERNDT

Mr. Ken Berndt starts his third year as Junior High/High School Industrial Arts Teacher. He also teaches home maintenance class. He has been a licensed contractor for the city of Salina since 2002. He has built several homes and has completed multiple remodeling projects while employing and educating high schoolers from the Salina area. Some students have continued on after graduation into contracting and electrical trades. He graduated DeVry Institute of Technology in 1990 with a Bachelors in Computer Information Systems and spent 11 years at Universal Underwriters Insurance Group in Overland

Park, KS as a software developer. Ken and his wife Chantel have been married since 2002 and have two children - Isabella, a Junior at SHHS and Isaac a 8th grader. Ken enjoys family time, working on projects around the house, music concerts, watching educational videos, and constantly listening to music.



JANELL ANTHOLZ

Ms. Janell Antholz begins her fifth year at Sacred Heart teaching vocal music, including 7th Grade Choir, 8th Grade Choir, HS Choir and the Knightengales. She will also be directing the JH play and will have liturgical duties. Ms. Antholz received her Master in Music Education degree from the University of Missouri-Kansas City Conservatory of Music in 1993. Janell received her Bachelor in Music Education from Fort Hays State University in 1986 and an Instrumental Music Endorsement in 2006. Prior to coming to Sacred Heart, Ms. Antholz taught at BonnerSprings USD #204, was a substitute at Springfield, MO. R-12 where she had several long term music assignments, and spent the last 12 years at Golden Plains

USD #316 in Rexford and Selden, KS, where she taught K-12 Vocal and Instrumental for the last 7 years. Ms. Antholz was the NWKMEA Honored High School Educator for 2013-14 and served the Northwest District as the High School Choral Chair for 2015-16 and 2016-17. Janell has two grown children, Hannah and Jacob. Her hobbies include attending and participating in arts activities, performing in concerts and at church, spending time with her children and family, and playing cards/board games.



RICHARD KOSHGARIAN

Mr. Richard Koshgarian will begin his 15th year as Instrumental Music Director at Sacred Heart. He teaches Band and Jazz Band. Mr. Richard Koshgarian began music lessons on trombone at age nine and piano at age 12. He attended Rhode Island College where he earned a Bachelor of Music degree in performance, the University of Michigan (Master of Music in Trombone Performance & Orchestral Conducting) and The University of Iowa (Doctor of Musical Arts, Orchestral Conducting). He has served as Assistant Conductor of the National Orchestra of New York, Assistant Professor of Music at Fort Hays State University and Artist in Residence at Western Carolina University. In addition to his duties as Band Director at Bethany College, Music Director and Conductor of the Hutchinson (KS) Symphony and

Director of Music at First Presbyterian Church in Salina. He has four children Hannah, Rachael, Sarah & Zachary. His hobbies include jogging, racquetball, reading science magazines and books, and doing just about anything with family members.



NANCY SHERFFIUS

Miss Nancy Sherffius, Outreach Ministry & Liturgical Ministry Coordinator, begins her 22nd year of employment at SHHS. Nancy earned a Bachelor of Business Education degree from Emporia State University; she was a Business teacher at Concordia High School for 14 years. In Salina, she has worked for Central Office Products for 6 years, Office Integration for three years, and Little House Adult Learning Center for two years. Currently, she is Director of Faith Formation at St. Mary Queen of the Universe parish. When she has quiet time (which isn't often with her cat, Wally), Nancy likes to crochet.

The Tradition Continues at SHJSH for 2021-2022



RENEE THOMPSON

Mrs. Renee Thompson begins her third year as the Communications/Event Coordinator in Business Office and is not new to the Catholic Community, having served as the receptionist at the Diocesan office for 10 years. She comes to us from her most recent endeavor where she developed and ran a therapeutic gardening program for the youth in the residential centers at St. Francis Ministries. Renee and her husband, Chris, have 3 sons who are alumni of SHHS- Keenan 2010, Kaiden 2013, and Konnor 2014.

They also have 2 daughters, Karrigan, who will be a 7th grader at St. Mary's and Lacey Caywood, who is married to Nate and lives in Tulsa. Renee and Chris are also the coordinators of the Salina Catholic Youth Organization and are active members of Sacred Heart Cathedral. When she is not keeping up with her family, Renee enjoys cooking, entertaining, gardening, and working on projects around the house.



MELISSA IVEY

Mrs. Melissa Ivey is in her 2nd year as the Business Manager in the Business Office but is not new to the Catholic Community, or Sacred Heart Jr/Sr High School. She is a 1995 Graduate of SHHS. She went on to earn her BS in Psychology for the University of Kansas. She comes to us from her most recent endeavor where she was the membership Direct for the Salina Country Club. Melissa and her husband, Tony, also a SHHS alumni, have 2 sons Cooper (9th grade) and Cayson (7th grade) who both attend SHHS. Tony and Melissa Enjoy watching their boys play sports. (football, basketball and baseball) and

they enjoy traveling to sporting events and hanging out with friends and family.



JEREMY MAGEE

Mr. Jeremy Magee begins his third year as the Director of Buildings and Grounds. He is a Salina South graduate and has lived in Salina his whole life. Mr. Magee graduated from Salina Area Vo-Tech College in 1998 with a certification in auto mechanics. Prior to working at SHHS, he worked for USD 305 for 16 years. Mr. Magee enjoys car racing, working on his house and coaching wrestling.



MELANIE DAVIS

Ms. Melanie Davis begins her sixth year as Food Service Director at SHHS. She is also serving as the HS Cheer Coach. She graduated from Ellsworth High School in 1981 & took various classes at Barton County & Pratt Community College. She loves to watch (& chase) big plains storms, fish, sing, & loves her 4 children & 6 beautiful grandchildren. She previously worked in Colorado Springs School District 11, where she held several different positions, most recently the past several years managing an elementary school kitchen, with middle & high school experience as well. She formerly owned a fun, unique cafe/coffee shop in

Concordia and also managed a cafe in a busy ministry in Colorado Springs.

MISCELLANEOUS NEWS



We are pleased to announce
the free lunch program
will continue
through the 2021-2022 school year!!!



FALL PICTURES

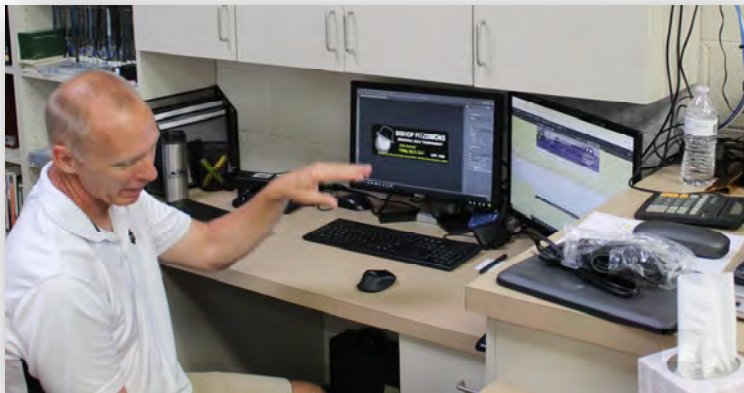
JH/HS Fall sport pictures will be taken on Thursday, August 19 and Friday, August 20.

School Portrait Photographs will be taken on Friday, September 10, with retakes scheduled on November 5.



Used Uniforms Available...

Used uniforms will be available for purchase at the new SHHS location on Wednesday, August 4 (Registration) from 9:00 am to 1:00 pm and 4:00 pm to 6:00 pm. Items can be purchased for \$5.00 each.



Website Redesign

Left: Chris Clark in his role as technology coordinator is in the process of redesigning our school website. We look forward to seeing the finished product!!

VOLUNTEERS NEEDED

Concessions at sporting events will be back in full swing this year, so please consider volunteering to help with concession stand shifts. There will be a sign up sheet at Registration if you are interested in signing up to help with concessions or other opportunities to volunteer.



Above: Members of the Catholicity Committee recently met to plan out 2021-2022 School Liturgies, discuss ACRE results and review the 2021-2022 Religion Curriculum. Members meeting include: Father Brian, Father Fred, Father Kevin, Deacon Steve, Clare Stramel, Nancy Sherrifus, Principal John Krajceck and Assistant Principal John Hamilton.

SUMMER CAMPS AND CONDITIONING

At Sacred Heart, summers are always filled with lots of fun and exciting activities for the students. Several sports camps took place this summer which included Junior High and High School Football Camps, Volleyball Camp, and Basketball Camps for both girls and boys. Students had the opportunities to play in summer leagues such as the 7 on 7 Football League and Girls and Boys Summer Basketball Leagues. Students also made their way back into the Weights room for Summer Weights and Conditioning.



Enjoying the sun and getting their sweat on!



Above: Cameron Yohe, Eli Junk, Evan Bogar, Michael Matteucci, and Cooper Ivey all Sophomores look on as Thomas Cheney pumps the iron.



Above: Gracy Dorzweiler deadlifting as Avery Eshleman, Cheyenne Clark, Callie Yohe look on in support.



Coach Hines with the assistance of Chris Feil hosted the Junior High Football Camp this summer. Sacred Heart Football shines bright with this group of boys!



ANNOUNCEMENTS AND OTHER NEWS

ATTENTION SENIOR CLASS:

We are once again offering
**Senior Class Reserved
Parking Spots**

for the 2021-2022 school
year. The spaces will be
offered on a first paid, first
choice basis.

All spaces will be **\$25** and
can also be purchased as
part of the Tier Program.

**WE ASK EVERYONE
TO BE MINDFUL OF
THESE PAID/RESERVED
PARKING SPOTS AND
PLEASE DO NOT**

**PARK
IN THEM!**



Note to Visitors/Parents

With the phone system and intercom
system in place and offering instant office
to classroom communication capabilities,
all visitors and parents who wish to speak
to a student or staff member during the
day are asked to first report to the office.
Lori will be able to contact the student or
teacher from the office. Following this
procedure provides additional safety for
our school and students while
minimizing classroom disruptions.

**Attention all High School students
enrolled in a
Physical Education class!**

PE UNIFORMS

All Conditioning classes and Advanced
P.E. classes including 9th grade P.E.
are required to wear a school issued
physical education uniform for all P.E.
classes. This uniform includes a gray t-
shirt with your last name on the back
of it and navy blue gym shorts. An
order form will be included in the
registration packet or can be they can
be ordered in the school office.

NOTE FROM COUNSELOR

On the first day of school, all
**Teacher Aids, Career
Interns, College Class
Students, and Peer Tutors**
will meet with Mrs. Smutz in
the Library, during the hour
that the above classes are
scheduled.

MORE NEWS...

LATE STARTS/EARLY DISMISSALS 2021-2022

Late start/Early dismissal dates for the 2021-22 school year for Staff Development are tentatively scheduled for:

September 15-8:49 start

October 6-1:30 Dismissal

November 17--1:30 Dismissal

March 24-1:30 Dismissal

April 27-8:49 Start

School will begin at 8:49 am on late starts days

The school will still be open to students at 7:40 am on those dates



OUTREACH MINISTRY

We are transitioning to an easy-to-use online tracking and reporting system for all *Outreach Ministry* and family service hours called x2VOL. For grades 9-12 and for families receiving financial assistance, this system will allow us to eliminate our paper forms and our outdated website submission format and centralize the information. x2VOL will allow students and families to enter their hours online (on their computer and/or phone) at any time, as well as generate a variety of online and/or printed reports to keep everyone up to date on progress. Students will receive an orientation to this new platform the first full week of classes, and families will receive detailed log in information as soon as it is available. We appreciate your help and cooperation with this new system. Nancy Sherffius will be the contact person for all student service hours and Renee Thompson and Melissa Ivey will handle parent/family hours.

COVID NEWS



At this time, our plans for opening the 2021-2022 school year include having face coverings optional for both students and staff. Anyone who needs to wear a mask will be encouraged and supported to do so. Sacred Heart will not be requiring the COVID vaccine for students. This is a decision that parents need to make for their families. If a student is a close contact and they have been vaccinated, they will only need to monitor for symptoms. If a student has had a positive COVID test in the last 6 months, and they were a close contact, they also only need to monitor for symptoms. Students who are not vaccinated and have not had COVID in the last 6 months and are a close contact will need to be quarantined for up to 10 days.

If parents or students have any COVID vaccine questions, they should seek the advice of their healthcare provider. In regard to social distancing, Sacred Heart will be making every effort to return to normal. We will continue to incorporate our enhanced cleaning procedures throughout the school building as we will disinfect classrooms, locker-rooms, restrooms and the lunchroom on a daily basis. We will also continue to closely monitor CDC, KSHSAA, and the Saline County Health Department guidelines and recommendations. Every effort will be made to keep our students safe in spirit, mind and body.

SUMMER FUN AT SACRED HEART



Little Knights Football Clinic

Lots of fun was had by all at the Little Knights Football Clinic!! Getting to run through the tunnel was a highlight of the week!



High School Volleyball Camp

Left: Coach Clark hosted his first High School Volleyball Camp as the Lady Knight's Head Volleyball Coach. Excitement is in the air as they work hard at camp and get ready for their upcoming season.



Coach K has the group breathing heavy and sweating this summer as he gets the students in shape! "Just One More"



35th Annual Bishop Fitzsimons Memorial Golf Tournament

On July 9th, 2021 the Endowment Board of Sacred Heart Jr-Sr High School hosted another fine Golf Tournament in honor of the late Bishop George K. Fitzsimons, for the benefit of the Sacred Heart Endowment.

The results of the tournament were as follows:

Championship Flight

1st Place – Score 51 --

Andrew Scheef

Jason Crist

Justin Ahlers

Brad Shields

2nd Place – Score 54 --

Justin Hanke

Bryce Woodall

Dustin Little

Rob Freelove

3rd Place – Score 54 --

Matt Grammer

Mike Ramage

Monte Shadwick

Bill Grammer



Bishop Fitzsimons

Below: Luke Doll teeing off



Best Family Team – Score 57 --

Steve Strecker

Greg Strecker

Jake Strecker

Bryce Strecker

Best Parish Team - Score 58 --

Linus Simoneau

Tim Coleman

Doug Durr

Dan Cerny

Best Couples Team – Score 64—

Greg Brown / Margaret Brown

Mark Skidmore / Kelli Skidmore

Best Senior Team – Score 59 --

Frank Hoffman

Ronald Evel

Dale Knipp

Stan Knipp



Above: Alum Fr. Daryl Olmstead

Left: This years Chairman, Todd Herrenbruck enjoying a cool beverage in the hot sun.



Above: Sacred Heart Students volunteered as caddies for the players.



KNIGHTLINE

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CLASS OF 2021



KNIGHTLINE, JULY 2021